

# CROSSROADS

## of the Atlantic

Vol. 6 No. 12

March 23, 2001

Lajes Field, Azores



photo by Guido Melo

### Strong partners

Portuguese Air Force medical technicians Senior Airman Angela Matias (left) and Airman 1st Class Susana Carvalho, with Staff Sgt. Martin Jensen (front) and Tech. Sgt. Celso Rodriguez, 65th Medical Group, rush a "patient" to the ambulance for transfer to an alternate medical facility during Strong Partners III, a joint exercise with emergency teams from the 65th Air Base Wing, Air Base 4 and the city of Praia.

### What's inside?

Some Lajes entrepreneurs open their doors to the community. See Pages 4-5 to see what kinds of services they offer.



### News briefs

#### Daylight-saving time change

Daylight-saving time changes Sunday. Set clocks ahead one hour at bedtime Saturday. Time changes in the States March 31.

#### Legal office sets new hours

The legal office's new operating hours are: Mondays and Fridays, 9 a.m.-5 p.m., Wednesdays, 9 a.m.-4 p.m., and Tuesdays and Thursdays, 8 a.m.-5 p.m. Call 2-3546 for assistance.

#### SGLI benefit changes

The Service members Group Life Insurance benefit increase to \$250,000 is automatic for people with \$200,000 unless they decline it by filing paperwork at the military personnel flight customer service. Those who have less than \$150,000 don't need to do anything unless they want an increase. For information call 2-3259.

#### Correction to gas price article

Last week we reported fuel prices here will be adjusted according to the Department of Defense average sale price. It is adjusted according to Department of Energy average price.

## Lajes gears up for UCI

Staff Sgt. Beverly Isik  
*Public affairs*

Team Lajes will be under the microscope Monday-Thursday when a team of inspectors conducts a Unit Compliance Inspection.

Lajes' last inspection of this caliber was a Quality Air Force Assessment in 1997.

"The upcoming UCI will see how well we follow rules derived from laws, policies and directives," said Lt. Col. Andrew Knapp, wing inspector general.

A 17-person team from U.S. Joint Forces Command will inspect U.S. Forces Azores activities, while a 44-member team from Air Combat Command will inspect 65th Air Base Wing organizations.

"We run a tight ship here at Lajes every day," said Col. Bill Percival, 65th ABW and USFORAZ commander. "I'm certain we'll show the inspectors why Team Lajes members are truly people at their best."

The UCI team will provide the out-brief to wing leaders, March 30, before the post-UCI party in the Air Base 4 South Hangar. The party, open to all Team Lajes members, is set for 2-4 p.m.

"There will be plenty of free food and drinks for everyone -- hamburgers, hot dogs and the works," the colonel said. "I hope everyone will come out and enjoy."

A shuttle will run from the commissary from 1-2 p.m., and from 4-5 p.m. There's some parking at the AB4 North Hangar.

# Some AB4 troops to use Chace Fitness Center

**Col. Bill Percival**  
Commander

When you're working out at the Chace Fitness Center, you might notice a few Portuguese military troops alongside you.

In the past, local nationals were not allowed access into the fitness center during American hours. However, Air Base 4 officials recently asked that we allow their search and rescue team access.

This was a service we were more than happy to provide. Search and rescue is a very demanding job -- one that requires the people to maintain the highest level of physical fitness.

The wing doesn't have a search and res-

cue team, so Air Base 4 stands ready and willing to come to our aid, should the need ever arise. They also provide service throughout the entire Azores region.

One of our most important missions here at Lajes is to strengthen the relationship between the American and Portuguese communities. This can only be achieved through a daily commitment of supporting each other in the community and in maintaining mission readiness.

Next time you see one of the team members at the fitness center, show them our wonderful Lajes hospitality. Give them a much deserved pat on the back. They'll appreciate knowing that we appreciate what they do.

## Action Line

Ext. 24240  
actionline@lajes.af.mil

The Action Line is your tool to help the Team Lajes community. It's a direct line to U.S. Forces Azores and 65th Air Base Wing Commander Col. Bill Percival.

However, before you call, try to resolve your concern through the appropriate agency. Some numbers are listed here. You may remain anonymous when you call the Action Line, but for a direct answer, leave your name and phone number.

AAFES	23209
AFN	23497
Red Cross	23516
CDC	23188
CES	26113
Chaplain	24211
Commissary	26124
Dental clinic	23139
FSC	24138
Housing	26251
Inbound (TMO)	25168
Lodging	25178
MDG	23615
MPF	23612
Outbound (TMO)	24213
Passenger Terminal	23227
Phone Service	119
Public Affairs	23347
Rumor Control	23347
Services	21322
Military Pay	25158
Security Forces	23222
Service Station	25125
Safety Office	23304
Tickets and Tours	24135
Travel Pay	22407
Youth Center	23273



## Security Savvy

### Bills of sale for vehicles

Effective immediately, Pass & Registration in Bldg. T-112 will handle all bills of sale for privately owned vehicles. Operating hours are 8 a.m. to noon. Legal assistance is still available at the legal office. For information call Staff Sgt. Trevyr Woodward at 2-3611.

### Remove old base stickers

People must remove the installation and Department of Defense stickers from vehicles registered on base.

Anyone who still has these stickers displayed on his or her automobile should remove them immediately. Security forces will be issuing citations to people who are in violation of this Air Force instruction.

For more information call Staff Sgt. Trevyr Woodward at 2-3611.

### Security forces needs volunteers

Security forces needs volunteers for a new neighborhood watch program. Volunteers will participate in walking patrols and act as area coordinators in housing areas. Security forces especially needs volunteers for 9 p.m.-3 a.m. Fridays and Saturdays, and 8 p.m.-midnight Sunday-Thursday.

For information or to volunteer, call Staff Sgt. Apryl Thompson at 2-3645.



### Editorial Staff

Col. Bill Percival .....	Commander
1st Lt. Kris Skopeck .....	Chief, Public Affairs
Tech. Sgt. Jose Ruiz .....	NCOIC, Public Affairs
Staff Sgt. Beverly Isik .....	Editor
Eduardo Lima .....	Community Relations Adviser
Denise Keller .....	Volunteer Staff Writer

This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The editorial content is provided, edited and prepared by the Public Affairs Office of Lajes Field, Air Combat Command. Editorial offices are located in Bldg. T-100, Room 121, Ext. 22369.

News, features, art and photography are solicited from readers, however, the editor reserves the right to edit copy and judge if submissions are newsworthy or appropriate for the newspaper.

The deadline for submission is noon Friday, one week prior to publication.

All photographs are Air Force photographs unless otherwise indicated. Photo support is provided by the 65th Visual Information Flight.



# Uniform modifications, tests closer to completion

**WASHINGTON** — From flight suits to mini badges, people at the Air Force Clothing Division and Institute of Heraldry are bringing initiatives approved by the 95th uniform board closer to military clothing sales store shelves.

Items being worked by the Air Force Clothing Division include the following:

- Initial fit tests for an athletic-cut service dress uniform have been completed. Test data is being compiled, and wear testing is scheduled to begin in the third quarter of fiscal 2001.

- New, lighter weight acrylic pullover sweater prototypes were forwarded to the Air Force uniform office in the second quarter of fiscal 2001 and are currently being worn in the Pentagon.

- Initial fit testing for resizing the women's tuck-in shirt was conducted at Wright-Patterson Air Force Base, Ohio. Wear testing should begin in the fourth quarter of fiscal 2001.

- The Air Force Clothing Division is researching uniform fabric options for the service dress uniform, including the current polyester fabric, for wear by Air Force members who have sensitivities to the wool in current uniforms.

- The Institute of Heraldry is working with civilian contractors to get the new mid-sized functional badges on the shelves. These badges will replace the mini badge that the uniform board determined was too small and difficult to see.

Each of the 67 Air Force specialty codes requires three skill-level badges (basic, master and senior) for a total of 201 badges, said Master Sgt. Ruth Nischwitz, superintendent of the Air Force uniform board office.

"The first three career fields -- personnel, parachutist and space missile badges -- have been approved and certified by the Institute of Heraldry," she said.

As contractors complete each set, they are made available to Army and Air Force Exchange Service Military Clothing Sales Stores for order; people should check with their local store for availability, she said.

"We have a projected completion date for the entire collection of not later than December 2001," Nischwitz said. "Based on that, phase out of the mini badges is anticipated to be in the spring of 2002."

The anticipated changes to the Air Force uniform reflect a comprehensive and detailed process -- spanning inputs from designers, pattern makers, and research and development phases through the fit and wear test, she said.

"Basically, it's like having clothes tailor made -- except these clothes have to fit almost 400,000 people and be durable enough to withstand the frequent wear and tear we put our uniforms through," Nischwitz said.

The Air Force is midway through the yearlong testing of two modified flight suits specifically designed for women,

said Nischwitz. The suits, which feature either a standard length or an extended length zipper, are being studied for two reasons.

The first addresses female aircrew concerns about the fit of the men's suits causing discomfort and, on some, an unprofessional appearance, Nischwitz said. The extended zipper suit, developed by the Navy, is also being tested for suitability of use with bladder-relief devices. Both suits are made in female proportions.

The wear test of these flight suits will be finished in July, with recommendations on whether to adopt one or both suits due in October, she said.

Once the uniform is approved by the chief of staff, production will begin and wearers should see the flight suits stocked by the end of 2002.



## It's sew easy

Effective May 1, Lajes Air Combat Command troops must wear the subdued ACC patch on the right breast pocket of the battle dress uniform. Tenant units should wear the appropriate major command or equivalent subdued patch, in accordance with their MAJCOM directions. Members assigned to units with an authorized unit patch must wear it on the left breast pocket unless they're authorized to wear a specialty badge. Those in units not authorized a unit patch must wear the wing subdued patch. Tenant units should follow MAJCOM directives.

*photo by Senior Airman Michael Holzworth*

# Home business owner

**Staff Sgt. Beverly Isik  
Denise Keller**  
*Public affairs*

Whether it's a little change of menu to spice things up or you wake up and find that your hair grew a 1/2 inch while you were sleeping and you can't do a thing with it, a group of aspiring entrepreneurs here at Lajes have just the thing.

Home businesses at Lajes provide everything from Italian, Korean and Thai take-out lunches to custom-made clothes, from studio photography to manicures.

The home business concept has double benefits. Not only does it offer community members alternatives in where they shop and eat, it also gives the business owner a chance to find work in an environment where, because of a long-standing agreement between the United States and Portugal, most civilian jobs are filled by local nationals.

Khua Thai owner Tuy Mullard said she

is not really in the business for the money. "The money is OK -- it helps out," she said. "But I opened my restaurant because I want to be busy and pass the time."

They may not be getting rich, but some say the pay isn't too shabby, considering the fringe benefits -- they make their own hours, they're doing a job they enjoy and they don't have to fight morning traffic at the Beira Mar Gate.

"Business is going really great. I went from selling 60 meals the first month to 60 meals just last week," said Kim Springer, owner of Pasta and More. "But even if I only made \$100 a month, I don't really care. I like to cook and I feel good knowing I make others happy. I give from the heart and don't take shortcuts."

Home business owners advertise with fliers and menus in the post office, but word of mouth goes a long way -- especially in this small community here in the middle of the Atlantic.

"Everyone comes back, and they tell their coworkers and friends," Springer said.

There's a lot more than just takeout lunches. Several cake decorating and pastry chefs are also open for business. But, customers need to place their orders in advance. As one owner puts it, cakes are "time consuming, and you just can't hurry one."

"I sell at least one or two cheesecakes each week," said Renee Childs, owner of Cheesecakes by Renee. "A lot of men buy them for their wives' birthdays. I sell more of the plain cheesecake with cherries, but people who have tried my turtle cheesecake and lemon cheesecake rave over them."

All Food services must have a certificate from military public health.

The program is managed by the housing office, which is the first stop for potential business owners. To find out how to get started, call housing at 2-3507.

**(The cover)** Tuy Mullard, owner of Tuy's Khua Thai restaurant, cooks egg rolls. The restaurant features a different menu item daily. She will also prepare special request dinners with advance notice.

**(Right)** Pasta and More owner, Kim Springer, prepares cheese tortellini and sun-dried tomato and garlic pesto sauce from her home in Beira Mar Housing. Pasta and More features a regular menu and a weekly special that's not on the menu.

**(Top center)** Chris Haylett, Captured Moments Photography studio, takes portraits from his home. The photographer also schedules on-site photo shoots for customers who have special requests.

**(Bottom center)** Hair stylist Eli Pierce gives Bridget Cole a permanent.

**(Top right)** Beth Hall, Cake Creations, decorates a chocolate birthday cake. She needs about 24 hours notice to make cakes like this.

*photos by Senior Airman  
Michael Holzworth*





# bring variety to Lajes



## Home Businesses

### Food

Korea House	295-549-441
Pasta and More	295-549-693
Tuy's Khua Thai	295-549-696
Cooked Turkeys and Chickens	295-549-702
Cakes by Melody	295-549-686
Cakes, Pastries	295-549-530
Cake Creations	295-549-414
Creative Cakes	295-549-717
Cheesecakes	295-549-583
Sweet Things	295-543-008
Breakfast Tacos	295-549-413
Food Supplements & Vitamins	295-549-369

### Cosmetologists

Mary Kay Cosmetics	295-549-641
Hair Dresser	295-549-773
Nail Studio	295-549-401
Custom Perfums	295-549-549

### Catalog Sales

Pampered Chef	295-549-718
Pampered Chef	295-549-785
Tupperware	295-549-794
Tupperware	295-549-679

### Electronics

Computer Help	295-549-385
Digital Photography	295-549-629
Photography	295-549-781

### Pets

Pet Sitting	295-549-447
Dog Obedience Classes	295-549-447

### Sewing

Styles by Val	295-549-836
---------------	-------------

**Night golf tourney planned**

The 65th Logistics Group Booster Club is planning a Post UCI Night Golf Tournament March 31 at 8 p.m. Teams of four will play nine holes. Cost is \$10 per person, which includes a free glow ball. Mulligan packages are available for \$5, and prizes will be awarded. Sign up by Thursday. For more information call Staff Sgt. Milagros Vicens at 2-6794 or Teresa Campbell at 2-3616.

**OLA holds food extravaganza**

The Organization of Latin America holds a Food Extravaganza April 7, noon until the food is gone, in the community center ballroom. All plates are \$5 including a drink. For more information call Senior Airman Blanca Morado at 2-3378.

**Tobacco cessation class set**

The next tobacco cessation class starts April 5 at noon. Call 2-3889 for more information or to sign up.

**Bids for test monitor accepted**

The Contracting Office is accepting bids for the MicroFit Testing Monitor at the Health and Wellness Center. The bid closes Wednesday, and the position is available April 1. Packages can be picked up at Bldg. T-615. Call Staff Sgt. Gary Wike at 2-3123 for more information.

**PTSA sponsors golf tourney**

The Parent, Teacher and Student Association sponsors a golf tournament April 6 at noon. Cost is \$12 per person, a golf package is available for \$5 and door prizes will be awarded. Contact Staff Sgt. Blake Holm at 2-4266 for information.

**UM advisor to visit**

Erin Clark, academic advisor with University of Maryland, will be here May 14-16. If you wish to make a counseling appointment with her, call 2-4187 or stop by the office, Bldg. T-400, room 203.

**Chapel announces events**

The Crossroads Ministry (Single/Un-

accompanied) offers a Bible study Fridays at 7 p.m. in the chapel annex. The Gospel Food/Fellowship is Sun., 5 p.m., in the chapel. For more information, contact the chapel at 2-4211.

**Top Up briefing set**

The next Montgomery GI Bill/Top Up briefing is Wednesday, 11 a.m., in the education center, Bldg. T-400. For more information call Amber Briney at 2-5291.

**American Legion forms new post**

The American Legion is forming a new post at Lajes Field. A meeting is set for Wed., April 4, at 3 p.m. in the community center. All members, current and former, plus those interested in being charter members are encouraged to attend. For more information e-mail tghill@hotmail.com.

**LYP carnival needs volunteers**

The Lajes Youth Program needs volunteers to help with the Annual Spring Carnival April 14, 11 a.m.-3 p.m. This event helps support programming for the youth center. To volunteer, call Darleena Jones at 2-1197.

**LYP baseball planned**

The Lajes Youth Program baseball registration is open until April 6 for boys and girls, ages 4 and up. Fees are \$20 for youth center members and \$30 for nonmembers. Uniforms will be provided. Baseball camp is set for April 11-13 at LYP. For information call Frank Mouro at 2-3273.

**Education Office offers tests**

The Education Office offers the Praxis test and the College Level Examination Program General English Composition with Essay test during March. Call 2-3355 for more information or to sign up.

**ESC announces Spring Bazaar**

The Enlisted Spouses' Club is looking for artists and craftsmen for their Spring Bazaar, April 28. To reserve a table at this event, or for more information, call Darleena Jones at 295-549-691.

## Classifieds

To place a classified ad, pick up a form at the public affairs office, Bldg. T-100, Room 207 or call Ext. 23520. To avoid unwanted calls, call PA to cancel your ad when the item sells.

**Baby items**, excellent condition. Fisher Price adjustable high chair, \$40; Graco double stroller, \$70; Simmons Beautyrest crib mattress, \$30; Graco Pack & Play, \$40. Call 295-549-387.

**Baby items** for sale, miscellaneous. Call Tonya at 295-549-737.

**Hitachi** multisystem TV, \$400; desk, \$25; computer desk, \$45; microwave, \$50; microwave stand, \$25; Heatalator fireplace blower and accessories, \$150. Call Scott at 2-2197 or 295-516-030.

**Intel** 566 MHz, 128 megabytes RAM, 10 gig hard drive, 40X CD-ROM, 3D SVGA w 17-inch monitor, Windows 98 SE, MS office 2000, games, 56K modem with free Internet access, 4 USB ports, keyboard, mouse. \$600 or OBO. Call 963-820-318.

**Wave Runner**, 1998 Oikarus 900 SL, 90 hp engine, 900CCs, meets U.S. specs. Great to pull water skiers. \$550 OBO. Call Francisco at 295-512-790.

**Scuba diving wet suit** for sale; 2-piece, 7 mm, Beauchat, Large; brand new; \$250. Call 295-512-790.

**1990 Mazda Familia**, extra items and accessories. PCSing end of April, must sell. \$3,000 OBO. Call Larry, 2-5281 or 295-549-088.

**1996 Chevy Cavalier**, low miles, inspection good through June 2002. \$6,900 OBO. Call Dave at 2-5166 or 295-549-751.

**1987 Honda Accord LXi**, runs great, needs inspection. \$1,100. Call Staff Sgt. Howard at 2-6192 or 295-549-807.

**1985 Suzuki**, 4 wheel drive, inspection good through July 2001, \$2,000. Call 295-543-004.

**1985 Chrysler 5th Ave.**, runs good, \$1,400 or OBO. Call Frank at 2-2334.

**Kenwood** 105VR receiver/tuner, Dolby surround and Pro Logic, \$100; Bose AM-5 Series II speakers, \$300. Call 295-549-748.

**House for rent**, 2 bedrooms, 1 bathroom, fireplace, new cabinets and floor, fenced yard, \$350 per month. Call 295-542-374.

## VI provides variety of services

The base visual information center provides official photographic support for a variety of official functions and activities including briefing and training products, alert duty and safety.

Technicians provide graphic support

for various products for official use including story boards, presentations and charts.

VI also offers self-help equipment including slide projectors and cameras and training on how to use them.



## Sunday

TIME	CH 38, 37 AFN ATLANTIC	TIME	CH 13 AFN PACIFIC	CH 39 SPECTRUM	CH 40 NEWS/SPORTS
9:00	Pokemon (TV-Y)	7:00	Entertainers	The View	Nightline
9:30	Making The Music (TV-PG)	7:30			Nightly Business Report
10:00	Behind The Music (TV-PG)		Headline News	Season by Season (TV-G)	Figure Skating (ESPN)
10:30	Crazy Osbourne	8:30	ESPN News	Season by Season (TV-G)	
11:00	This Old House	8:00	Stargate SG-1 (TV-PG)	Frasier (TV-PG)	World Figure Skating
11:30	Callie's the Gold	8:30	Shades of Gray	Friends (TV-PG)	
12:00	WWF Smackdown! (TV-14)	10:00	Judging Amy (TV-PG)	Dawson's Creek (TV-14)	
		10:30	The Burden of Perspective	None of the Above	
	Entertainers	11:00	20/20	Aly McBeal (TV-14)	National Sports Report
13:30		11:30		Turning Thirty	
14:00	Stargate SG-1 (TV-PG)	12:00	Headline News	Any Day Now (TV-14)	
14:30	Shades of Gray	12:30	Saturday Night Live (TV-14)	It's Who You Sleep With	
15:00	Judging Amy (TV-PG)	13:00	Julie Sitler/Aeromith	Spectrum Movie	
15:30	The Burden of Perspective	13:30			
16:00	20/20	14:00	It's Showtime At The Apollo	Murphy's Romance	McLaughlin Group
16:30		14:30			
17:00	Headline News	15:00	Late Friday (TV-PG)	The View	Navy/Marine Corps News
17:30	Navy/Marine Corps News	15:30			NBA Inside Stuff (NBC)
18:00	ROCK XW (ESPN2)	16:00	ESPN News	Season By Season (TV-G)	Road To The Final Four (CBS)
18:30	(Daytona, FL)	16:30	NASCAR Pro-Race	Season By Season (TV-G)	NCAA Basketball (CBS)
18:00	SportsCenter (ESPN)	17:00	NASCAR Busch Series (FX)	Frasier (TV-PG)	(Teams TBD)
19:30		17:30		Friends (TV-PG)	
20:00	PGA (NBC)	18:00	Cheers II 250	Dawson's Creek (TV-14)	
20:30		18:30		None of the Above	
21:00	The Players Championship	18:00	Headline News	Aly McBeal (TV-14)	Road To The Final Four (CBS)
21:30	(Third Round)	18:30	Hour of Power	Turning Thirty	NCAA Basketball (CBS)
22:00		20:00	Celebration Of Victory	Any Day Now (TV-14)	
22:30		20:30	Breakthrough	It's Who You Sleep With	(Teams TBD)
23:00		21:00	The Choices We Face	Spectrum Movie	
23:30		21:30	Day Of Discovery		
0:00	ANA EA Sports	22:00	NHL (ABC)	Murphy's Romance	
0:30	250 CC	22:30	Mighty Ducks at Kings		
1:00	Saturday Night Live (TV-14)	23:00		Nana Pudding	
1:30	Julie Sitler/Aeromith	23:30		I Haven't Got A Reputation	
3:00		1:00		The 700 Club	
3:30	Late Friday (TV-PG)	1:30		Profiles In Praise	ESPN News
4:00		2:00	Headline News	The Andy Griffith Show (TV-G)	Figure Skating (ABC)
4:30	Entertainers	2:30	Air Force TV News	I Love Lucy (TV-G)	World Figure Skating
5:00	Headline News	3:00	Bear In The Big Blue House	Bewitched (TV-G)	
5:30	Hour Of Power	3:30	The Book Of Virtue (TV-G)	M*A*S*H (TV-PG)	
6:00	Celebration Of Victory	4:00	Family Movie	Charlie's Angels (TV-G)	Sports Tonight
6:30	Breakthrough	4:30		Hours of Desperation	
7:00	The Choices We Face	5:00	In The Doghouse	Fantasy Island (TV-G)	Larry King Weekend (CNN)
7:30	Day Of Discovery	5:30	(TV-PG)	Devil & Mandy Breen and	
8:00	Bear In The Big Blue House	6:00	Wild Things (TV-PG)	Twilight Zone (TV-PG)	Deline International 1
8:30	The Book Of Virtue (TV-Y)	6:30		Alfred Hitchcock Presents	
9:00	Family Movie (TV-PG)	7:00	WWF Superstars (TV-14)	Who Wants To Be A Millionaire	Judith Regan Tonight (FNC)
9:30	In The Doghouse	7:30			

TIME	CH 8, 37 ATLANTIC	TIME	CH 38 AN/APACIFIC	TIME	CH 38 SPECTRUM	TIME	CH 40 NEWS/SPORTS
10:00	In The Doghouse	8:00	V.I.P. (TV-PG)		Nana Pudditt		NewMarine Corps News
10:30	(Continued)	8:30	New World Order		Lifestyle Magazine		Air Force TV News
11:00	Wild Things (TV-PG)	9:00	Headline News		The 700 Club		Horse Racing (ESPN)
11:30		9:30	ESPNNews		Profiles In Praise		Turfway Spiral Stakes
12:00	Headline News	10:00	Whose Line Is It Anyway?		The Andy Griffith Show (TV-G)		USAC Racing (ESPN)
12:30	Air Force TV News	10:30	Primetime Movie		I Love Lucy (TV-G)		ESPN's Thunder
13:00	XFL (NBC)	11:00			Bewitched (TV-G)		
		11:30	Forrest Gump (TV-PG)		MA'S'N (TV-PG)		
14:00	Outlaws at LA Xtreme	12:00			Charlie's Angels (TV-G)		ESPNNews
		12:30			Hours of Desperation		AF Winter Sports
15:00		13:00	Headline News		Fantasy Island (TV-G)		Datsline Interviews2
15:30		13:30	The Drew Carey Show		Devil & Mandy Bream		
16:00	WWF Superstars (TV-14)	14:00	Meet The Press		Twilight Zone (TV-PG)		CBS News Sunday Morning
		14:30			Alfred Hitchcock Presents		
	V.I.P. (TV-PG)						
	New World Order	15:00	Walker, Texas Ranger				Face the Nation
18:00	Headline News	16:00	In Harm's Way (Part 1)				Evans, Novak, Hunt & Shields
18:30	ESPNNews	16:30	ESPNNews		Lifestyle Magazine		Headline News
19:00	NBA (NBC-Live)	17:00	RPM2Day (ESPN2)		The 700 Club		SportsCenter
19:30	Sports at Heat	17:30	NASCAR Winston Cup Series		Profiles In Praise		
		18:00					
			Food City 501				
21:00		19:00					
21:30	PGA (NBC)	19:30					
22:00		20:00					
22:30	The Players Championship	20:30					
23:00							
23:30	(Final Round)		NHRA (ESPN)		Fantasy Island (TV-G)		
0:00			O'Reilly's Nationals		Devil & Mandy Bream		
0:30		22:30			Twilight Zone (TV-PG)		
1:00		23:00	CNN/51		Alfred Hitchcock Presents		
1:30	ESPNNews	23:30			Who Wants To Be A Millionaire		
2:00	Barbara Walters Special (ABC)	0:00	Sesame Street (TV-Y)		The Flintstones (TV-G)		Headline News
		0:30			The Brady Bunch (TV-G)		Air Force TV News
3:00	Countdown To Oscar 2001	1:00	Dora, The Explorer (TV-Y)		Happy Days (TV-G)		NHL Hockey (ESPN)
3:30	73rd Annual Academy Awards	1:30	Wheel Of Fortune		The Cosby Show (TV-G)		Blues at Stars
4:00		2:00	Oprah Winfrey Show (TV-14)		Star Trek (TV-PG)		
4:30	Hosted by Steve Martin	2:30	Lifestyle Makeovers		Journey To Babel		
5:00		3:00	Bear In The Big Blue House		Scientific American Frontiers		
		3:30	Judges Judy (TV-PG)		The New Zoes		
					The FBI Files (TV-PG)		Sports Tonight
6:30	Headline News	4:00	[25] Guiding Light (TV-14)		A Model Killer		
7:00	Sesame Street (TV-Y)	5:30	[15] General Hospital		ER (TV-14)		This Week (ABC)
7:30		5:30			Think Warm Thoughts		
8:00	Dora, The Explorer (TV-Y)	6:00	[15] Ashli! Real Monsters		Spectrum Movie		Computer Chronicles
8:30	Wheel Of Fortune	6:30	Clayton's Pepper Ann (TV-G)		Leslie		Motor Week
9:00	Coran Wright Show (TV-14)	7:00	Popular Mechanics For Kids		(TV-PG)		George Michael Sports Machine
9:30	[55] Port Charles (TV-14)	7:30	Cousin Skeeter				

## Monday

TIME	CHS 8, 37 AFN-ATLANTIC	TIME	CH 39 AFN-PACIFIC	CH 39 SPECTRUM	CH 40 NEWSPORTS
				The Flintstones (TV-G)	World Report
					Figure Skating (ABC)
				Spectrum Movie Leslie (TV-PG)	Morning Business Report and
				The Flintstones (TV-G)	
				The Brady Bunch (TV-G)	
				Scientific American Frontiers The New Zoo	
					New Marine Corps News
					Army or AF TV News
					Fox News Live (FNC)
					Headline News
					NBC Nightly News
					Sports Tonight
					Larry King Live
				Spectrum Movie Kiesinger & Nixon (TV-PG)	Dateline International 1

## Tuesday

TIME	CH 8 & 37 AFN-ATLANTIC	TIME	CH 38 AFN-PACIFIC	CH 38 SPECTRUM	CH 40 NEWS-SPORTS
10:00	[23] Guiding Light (TV-14)	8:00	Jaggedy!	The Flintstones (TV-G)	Nightline
10:30		8:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
11:00	[10] General Hospital	8:30	Pacific Report	Happy Days (TV-G)	NCAA Women's Basketball
11:30		9:30	[33] CNN/ISI	The Cosby Show (TV-G)	
12:00	Headline News	10:00	7th Heaven (TV-G)	Who Wants to Be a Millionaire	(Teams TBD)
12:30	Judge Judy (TV-PG)	10:30	Say Little Prayer for Me		
			Prerestime Movie Joan of Arc (TV-PG) (Part 1 of 2)	Celebrity Profiles (TV-PG) Danny Glover Biography (TV-PG) Patrick Swayze	NCAA Women's Basketball (Teams TBD)
		13:30	[35] Tonight Show with Jay Leno		48 Hours (CBS) Headline News Morning Business Report Good Morning America
				Happy Days (TV-G)	SportsCenter
					Tennis Master Series (ESPN) Ericsson Open
			Headline News	Biography (TV-PG) Patrick Swayze	
				The Practice (TV-14) The Trial	Your World w/Neil Cavuto
				Spectrum Movie Kissinger & Nixon (TV-PG)	Fox News Live (FNC) Headline News NBC Nightly News
		23:00	Today 8		NCAA Basketball (ESPN) (Teams TBD)
		23:30		The Flintstones (TV-G) The Brady Bunch (TV-G) Happy Days (TV-G) The Cosby Show (TV-G)	NCAA Basketball (ESPN) (Teams TBD)
				Jack London's Call Of The Wild Foot's Gold	
5:30	ABC World News Tonight	3:00	Bear In The Big Blue House	Secrets of War (TV-PG) Cold War: Inside the K.G.B.	Sports Tonight
6:00	CNN/ISI	3:30	Judge Judy (TV-PG)	Suicide Missions (TV-PG) Combat Photographers	Larry King Live
6:30	NBC Nightly News	4:00	Port Charles (TV-14)		
7:00	Sesame Street (TV-Y)	4:30	[25] Guiding Light (TV-14)		
7:30		5:00	[15] General Hospital	NYPD Blue (TV-14) Raphael's Inferno	
	Teletubbies (TV-Y)	5:30		Spectrum Movie The Junior (TV-14)	News w/Brian Williams The O'Reilly Factor
9:00	Oprah Winfrey Show (TV-14)	7:00	Outward Bound (TV-Y7)		



## Wednesday

TIME	CH 6.5, 37 AFN ATLANTA	TIME	CH 36 AFN PACIFIC	CH 36 SPECTRUM	CH 40 NEWS/SPORTS
10:00	[10] Guiding Light (TV-14)	8:00	Jagged	The Flintstones (TV-G)	Nightline
10:30		8:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
11:00	[10] General Hospital	9:00	Pacific Report	Happy Days (TV-G)	NBA Basketball (TBS)
11:30		9:30	[33] CNN	The Cosby Show (TV-G)	Reptiles at Risk
12:00	Headline News	10:00	Mañana (TV-PG)	Jack London's Call Of The Wild	
12:30	Judge Judy (TV-PG)	10:30	The Powers (TV-PG)	Foot's Gold	
13:00	Rocky's Modern Life	11:00	Prime Time Live	Secrets of War (TV-PG)	
13:30	The Wild Thornberrys (TV-Y)	11:30	Joan of Arc	Cold War: Inside the K.G.B.	Inside the NBA (TBS)
14:00	Today	12:00	(Part 2 of 2)	Combat Photographers	National Sports Report (FSN)
14:30		12:30			
15:00		13:00	Pacific Report	NYPD Blue (TV-14)	60 Minutes 4 (CBS)
15:30		13:30	[35] Tonight Show with Jay Leno	Reptiles at Risk	Headline News
16:00	Outward Bound (TV-Y)	14:00		Spectrum Movie	Morning Business Report
16:30	City Guys (TV-G)	14:30	[35] Late Show with David Letterman	The Juror (TV-14)	Good Morning America
17:00	Jagged	15:00			
17:30	Headline News	15:30	[35] ESPN		
18:00	CNN	16:00	[35] Males 'N' Down	The Flintstones (TV-G)	
18:30	Headline & Laps News	16:30	Introducing Dorothy Dandridge (TV-14)	The Brady Bunch (TV-G)	SportsCenter
19:00	Mañana (TV-PG)	17:00		Happy Days (TV-G)	
19:30	The Powers (TV-PG)	17:30		The Cosby Show (TV-G)	
20:00	Prime Time Live	18:00	[15] Males 'N' Down	Jack London's Call Of The Wild	Tennis Master Series (ESPN)
20:30	Joan of Arc	18:30	In The Line Of Duty: Kidnapped (TV-PG)	Foot's Gold	Ersson Open
21:00	(Part 2 of 2)	19:00		Secrets of War (TV-PG)	
21:30		19:30		Cold War: Inside the R.G.B.	
22:00	Headline & Laps News	20:00	Headline News	Combat Photographers	
22:30	[35] Tonight Show with Jay Leno	20:30	ESPN		Your World with Neil Cavuto
23:00		21:00	Today	NYPD Blue (TV-14)	
23:30	[35] Late Show with David Letterman	21:30		Reptiles at Risk	Fox News Live (FNC)
0:00	[35] ESPN	22:00		Spectrum Movie	
0:30	[35] Males 'N' Down	22:30		The Juror (TV-14)	Headline News
1:00	Introducing Dorothy Dandridge (TV-14)	23:00	Today II		NBC Nightly News
1:30		23:30			ABC World News Tonight
2:00		0:00	Sesame Street (TV-Y)	The Flintstones (TV-G)	NHL Hockey (ESPN2)
2:30		0:30		The Brady Bunch (TV-G)	
3:00	NBA Basketball	1:00	Burns Quest (TV-Y)	Happy Days (TV-G)	Blues at Red Wings
3:30		1:30	Wheel Of Fortune	The Cosby Show (TV-G)	
4:00	Magic vs. Zions	2:00	Conan Whirly Show (TV-14)	Who Wants To Be A Millionaire	
4:30		2:30			
5:00		3:00	Bear In The Big Blue House (TV-Y)	America's Castles	
5:30	NBA Basketball	3:30	Judge Judy (TV-PG)	Windy City Estates	ESPN
6:00		4:00	Port Charles (TV-14)	Spectrum Special	Sports Tonight
6:30	Kings vs. Lakers	4:30	[25] Guiding Light (TV-14)	The American Experience	
7:00		5:00	[15] General Hospital	X-Files (TV-14)	Larry King Live
7:30		5:30			
8:00	Burns Quest (TV-Y)	6:00	[35] Rugs (TV-Y)	Spectrum Movie	News with Neil Williams
8:30	Wheel Of Fortune	6:30	Arthur (TV-Y)	Junete 2 Jangle (TV-PG)	The O'Reilly Factor
9:00	Conan Whirly Show (TV-14)	7:00	Pokemon (TV-Y)		
9:30	[25] Port Charles (TV-14)	7:30	Min in Back (TV-Y)		

## March 30

TIME	CH 6.5, 37 AFN ATLANTA	TIME	CH 36 AFN PACIFIC	CH 36 SPECTRUM	CH 40 NEWS/SPORTS
10:00	[25] Guiding Light (TV-14)	8:00	Jagged	The Flintstones (TV-G)	Nightline
10:30		8:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
11:00	[10] General Hospital	9:00	Pacific Report	Happy Days (TV-G)	NHL Hockey (ESPN2)
11:30		9:30	[33] CNN	The Cosby Show (TV-G)	Maize Leads at Flies
12:00	Headline News	10:00	Burns Quest (TV-Y)	Who Wants To Be A Millionaire	
12:30	Judge Judy (TV-PG)	10:30			
13:00	Sydney's Twisted Mysteries	11:00	Star Trek: Voyager (TV-PG)	Crocodile Hunter (TV-G)	
13:30	Clayton's Recess	11:30	Who's Your Friend (TV-14)	Reptiles of the Deep: Seauron	Nat'l Sports Report (FSN)
14:00	Today	12:00	Law & Order (TV-14)	Emergency Vets (TV-PG)	
14:30		12:30	Burns	Toyole World Of Wildlife	
15:00		13:00	Pacific Report	X-Files (TV-14)	Prime Time Thursday (ABC)
15:30		13:30	[35] Tonight Show with Jay Leno	Genderbender	Headline News
16:00	Mañana (TV-PG)	14:00		Spectrum Movie	Morning Business Report & Good Morning America
16:30	Quakes	14:30	[35] Late Show with David Letterman	Gastropod (TV-PG)	
17:00	Jagged	15:00			
17:30	Headline News	15:30	[35] ESPN		
18:00	CNN	16:00	[35] Males 'N' Down	The Flintstones (TV-G)	
18:30	Headline & Laps News	16:30	G.I. Jane (TV-PG)	The Brady Bunch (TV-G)	SportsCenter
19:00	Burns Quest (TV-PG)	17:00		Happy Days (TV-G)	
19:30		17:30		The Cosby Show (TV-G)	
20:00	Star Trek: Voyager (TV-PG)	18:00	[35] Males 'N' Down	Who Wants To Be A Millionaire	Tennis Master Series (ESPN)
20:30	Unsub	18:30	Ernest Scared Bigfoot (TV-PG)		Ersson Open
21:00	Law & Order (TV-14)	19:00		Crocodile Hunter (TV-G)	
21:30	Burns	19:30		Reptiles of the Deep: Seauron	
22:00	Headline & Laps News	20:00	Today	Emergency Vets (TV-PG)	
22:30	[35] Tonight Show with Jay Leno	20:30		Toyole World Of Wildlife	
23:00	[35] Late Show with David Letterman	21:00		X-Files (TV-14)	Your World (FNC)
0:00		21:30		Genderbender	
0:30	[35] ESPN	22:00	Callous (TV-Y)	Spectrum Movie	Fox News Live (FNC)
1:00	[35] Males 'N' Down	22:30	Reading Rainbow (TV-Y)		Headline News
1:30	G.I. Jane (TV-PG)	23:00	Sabrina: The Animated Series	Callous (TV-PG)	NBC Nightly News
2:00		0:00	SpongeBob SquarePants	The View	NCAA Women's Basketball
2:30		0:30	Pokemon (TV-Y)		
3:00	[35] Males 'N' Down	1:00	Meeting The World (TV-PG)		
3:30		1:30	Behind The Music (TV-PG)	Homes With Style (TV-G)	(Teens) TBA
4:00	Ernest Scared Bigfoot (TV-PG)	2:00	The Old House	New Attitudes (TV-G)	
4:30	Headline News	2:30	California's Gold	Friends (TV-PG)	NCAA Basketball Update
5:00	ABC World News Tonight	3:00	Bear In The Big Blue House	Friends (TV-PG)	NCAA Women's Basketball (Teens) TBC
5:30	CNN	3:30	Navy/Marine Corps News	Dawson's Creek (TV-14)	
6:00	NBC Nightly News	4:00	NBA Basketball	Home Movies	
6:30	Callous (TV-Y)	4:30		My Sister (TV-14)	ESPN
7:00	Reading Rainbow (TV-Y)	5:00	Net in Reptiles	Do You Wanna Dance?	Larry King Live
7:30		5:30		Any Day Now (TV-14)	
8:00	Sabrina: The Animated Series	6:00		Salamanders	
8:30	SpongeBob SquarePants	6:30		Spectrum Movie	News with Neil Williams
9:00	Pokemon (TV-Y)	7:00	WWF Smackdown (TV-14)	Batman (TV-PG)	The O'Reilly Factor
9:30	Making The Band (TV-PG)	7:30			

## Thursday

TIME	CH 6.5, 37 AFN ATLANTA	TIME	CH 36 AFN PACIFIC	CH 36 SPECTRUM	CH 40 NEWS/SPORTS
10:00	[25] Guiding Light (TV-14)	8:00	Jagged	The Flintstones (TV-G)	Nightline
10:30		8:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
11:00	[10] General Hospital	9:00	Pacific Report	Happy Days (TV-G)	NHL Hockey (ESPN2)
11:30		9:30	[33] CNN	The Cosby Show (TV-G)	Autism at Risk
12:00	Headline News	10:00	Futurama (TV-PG)	Who Wants To Be A Millionaire	
12:30	Judge Judy (TV-PG)	10:30	The 70s Show (TV-PG)		
13:00	Rugrats (TV-Y)	11:00	Freddie (TV-PG)	America's Castles	
13:30	Arthur (TV-Y)	11:30	[25] The Drew Carey Show (TV-PG)	Windy City Estates	
14:00		12:00	Hopkins 24/7	Spectrum Special: The American Experience: Fly Girls	Nat'l Sports Report (FSN)
14:30		12:30	Kalamazoo		
15:00		13:00	Pacific Report	X-Files (TV-14)	CNN Early Edition
15:30		13:30	[35] Tonight Show with Jay Leno	Debut	Headline News
16:00	Pokemon (TV-Y)	14:00		Spectrum Movie	Morning Business Report
16:30	Min in Back (TV-Y)	14:30	[35] Late Show with David Letterman	Junete 2 Jangle (TV-PG)	Good Morning America
17:00	Jagged	15:00			
17:30	Headline News	15:30	[35] ESPN		
18:00	CNN	16:00	[35] Males 'N' Down	The Flintstones (TV-G)	
18:30	Headline & Laps News	16:30	The Hard Way (TV-PG)	The Brady Bunch (TV-G)	SportsCenter
19:00	Futurama (TV-PG)	17:00		Happy Days (TV-G)	
19:30	The 70s Show (TV-PG)	17:30		The Cosby Show (TV-G)	
20:00	Freddie (TV-PG)	18:00	[35] Males 'N' Down	Who Wants To Be A Millionaire	Tennis Master Series (ESPN)
20:30	[35] The Drew Carey Show (TV-PG)	18:30	Husbands And Wives (TV-PG)		Ersson Open
21:00	Hopkins 24/7	19:00		America's Castles	
21:30	Kalamazoo	19:30		Windy City Estates	
22:00	Headline & Laps News	20:00	Headline News	Spectrum Special: The American Experience: Fly Girls	
22:30	[35] Tonight Show with Jay Leno	20:30	ESPN		Your World with Neil Cavuto
23:00		21:00	Today	X-Files (TV-14)	
23:30	[35] Late Show with David Letterman	21:30		Debut	Fox News Live (FNC)
0:00	[35] ESPN	22:00		Spectrum Movie	
0:30	[35] Males 'N' Down	22:30		Junete 2 Jangle (TV-PG)	Headline News
1:00	The Hard Way (TV-PG)	23:00	Today II		NBC Nightly News
1:30		23:30			ABC World News Tonight
2:00		0:00	Sesame Street (TV-Y)	The Flintstones (TV-G)	NHL Hockey (ESPN2)
2:30		0:30		The Brady Bunch (TV-G)	
3:00	CNN	1:00	Twisted (TV-Y)	Happy Days (TV-G)	2000 PM Speedway
3:30		1:30	Wheel Of Fortune	The Cosby Show (TV-G)	Good Urban (Comedy)
4:00	Mets vs. NY Post	2:00	Conan Whirly Show (TV-14)	Who Wants To Be A Millionaire	NBA Pacing (ESPN2)
4:30	Madison Square Garden	2:30			EA Sports Supreme (2000)
5:00		3:00	Bear In The Big Blue House	Crocodile Hunter (TV-G)	Up Close w/Clay Mar (ESPN)
5:30		3:30	Judge Judy (TV-PG)	Reptiles of the Deep: Seauron	NHL Tonight (ESPN2)
6:00		4:00	Port Charles (TV-14)	Emergency Vets (TV-PG)	Sports Tonight
6:30	NBC Nightly News	4:30	[25] Guiding Light (TV-14)	Toyole World Of Wildlife	
7:00	Sesame Street (TV-Y)	5:00	[15] General Hospital	X-Files (TV-14)	Larry King Live
7:30		5:30			
8:00	Twisted (TV-Y)	6:00	[35] Sylvester & Tweedy	Spectrum Movie	News with Neil Williams
8:30	Wheel Of Fortune	6:30	Clayton's Recess	Gastropod (TV-PG)	The O'Reilly Factor
9:00	Conan Whirly Show (TV-14)	7:00	Mañana (TV-PG)		
9:30	[25] Port Charles (TV-14)	7:30	Clayton's		



All movies start at 7 p.m. unless otherwise noted. Call Ext. 23302 for more information.

(V, violence; S, sex or sensuality; D, drug use; L, language; G, gore)

## Saturday

## The Pledge

Jack Nicholson, Aaron Eckhart; a retiring police chief in a small town has made a promise he can't break. He's pledged to a mother that he will catch the killer of her young daughter. R (S, L, V, G).

## Sunday, 4 p.m.

## Emperor's New Groove

Animated, 4 p.m. G.

## Monday

## What Women Want

Mel Gibson, Helen Hunt; Nick gets a whole new outlook on life when a fluke accident gives him the ability to read women's minds. PG-13 (S, L).

## Tuesday

## Double Take

Eddie Griffin, Orlando Jones; Daryl is framed for laundering millions of dollars for a Mexican drug cartel. He's wanted by the FBI and on the run when he finds he has to switch identities with a petty thief. PG-13 (V, L).

## Wednesday

## All the Pretty Horses

Matt Damon, Penelope Cruz; a tale of a young Texan who finds him-

self without a home after his mother sells the ranch where he spent his entire life. Lured by the romance of the cowboy life, he embarks on an adventure he's always dreamed about. PG-13 (V, S).

## Thursday

## Thirteen Days

Kevin Costner; set during the two-week Cuban missile crisis in October 1962, it centers on how President Kennedy handled the explosive situation. PG-13 (L, V).

## Friday

## Wes Craven presents: Dracula 2000

Christopher Plummer; Dracula is freed at last from a century in confinement, finds himself in a 21st century of chaos and temptation. His goal is to find a young woman to share his dark legacy. R (V, G, L, S).

## Friday, 10 p.m.

## Cast Away

Tom Hanks, Helen Hunt; a FedEx systems engineer whose personal and professional life are ruled by the clock, must transform himself physically and emotionally to survive a crash landing on a deserted island. PG-13 (L, D).